

Curriculum Vitae

Name: Sarah Fletcher

Occupation: Clinical Case Manager / Occupational Therapist

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I have a lot of experience of working with clients who have sustained a traumatic brain injury and am able to manage their complex needs, including challenging behaviours, emotional changes and cognitive impairments.

I am experienced in working closely with members of the multi-disciplinary team to support individual assessments and treatments.

I have worked alongside social services, commissioning bodies and community rehabilitation teams to ensure the client has support, resources and funding required, in ensuring their complex needs are met.

Employment - Case manager – Total Case Management April 2016 - present

Description of role and responsibilities:

- Initial and ongoing assessments to maximise, promote and maintain independence and producing case management plans.
- Completion of immediate needs assessments and reports.
- Producing rehabilitation plans and goal set with the clients.
- Completion of risk assessments and production of risk management plans and support plans.
- Ongoing supervision and management of Support Worker, including staff performance management, disciplinary procedures and investigations.
- Sourcing of Support Workers by either employment or agency.
- Sourcing and assistance with adaptation of properties and liaising with architects to consider the property in a holistic way.
- Education of families and support workers employed or sourced from agencies.
- Sourcing and liaising with agencies related to educational, vocational, social and leisure activities.
- Preparation for and chairing of team meetings.
- Documenting minutes, writing communication/contact sheets and Case Management reports.
- Referral to other appropriate professionals and working with them towards set goals.

Occupational Therapist - Salford Royal Foundation NHS Trust (October 2007 – April 2016)

Description of role and responsibilities:

- Rotational Occupational Therapist Band 6 since 2012.
- Specifically working with Neurological patients since 2009.
- Experience in a variety of settings, ie, Neurological Rehabilitation, Acute Neurosurgery, Acute Neurology, Stroke Rehabilitation and Hyper Acute and Acute Stroke Unit; with a variety of conditions, traumatic head injuries, spinal injuries, brain tumours, metastatic cord compression, subarachnoid haemorrhage, MND, MS, encephalitis and Strokes and patient's in various levels of arousal, ie, reduced GCS, agitated in Post Traumatic Amnesia and can assess and treat accordingly.

- Completes assessment of cognitive and physical impairments independently and with members of the MDT, using a variety of methods, ie, appropriate functional and standardised assessments.
- Gains baseline information from patients and family members to fabricate appropriate treatment plans and goals.
- Educates of families and carers.
- Uses a variety of communication tools, such as, letter boards, gesture, offering multiple choice, litewriters and interpreters.
- Assessment and recommendation of a variety of equipment.
- Liaises with relevant professional's face to face, via telephone or email.
- Assessments within a hospital and community setting. Able to recommend and arrange adaptations required whilst considering cost implications.
- Advocates in a person centred, holistic way.
- Attends and chairs patient reviews and multi-disciplinary team meetings.
- Accurate and timely record keeping.
- Supervision of staff via formal and informal supervision and completion of appraisals for myself and others.
- Up to date with all mandatory training and frequently provide in-service training for other professionals.

Education:

- BSc (Hons) Occupational Therapy - Salford University graduated in 2007
- Clinical Educators Course – Salford University 2010
- Recovery of the Upper Limb – BBTA 2011
- What is Normal Movement? – BBTA 2012
- The Assessment and Treatment of the Neurological Patient – BBTA 2012
- Psychological Care after Stroke – NHS improvement 2012
- Subarachnoid Haemorrhage Workshop – Salford Royal Foundation Trust 2013
- Training workshop for new and 'would be' Brain Injury Case managers – BABICM 2016
- Social Media training event – BABICM 2016
- Go beyond the beginnings – BABICM 2019
- Disclosure dilemmas – BABICM 2020
- Singing from the same song sheet – PRD 2020
- Various Brainwaves workshops 2017-2023
- Medication practice – Care skills academy 2020
- Dignity in Care – Care skills academy 2020
- Visual issues after brain injury - 2021
- Care issues: Funding, forming and faux pas – BABICM 2021
- The Vaccination Vortex, navigating vortex (Royds Withy King) – BABICM 2021
- The importance of the case manager to the outcome of the litigation - 3hub masterclass 2021
- Managing conflict in my team – The Conflict training company 2022
- First aid and basic life support training - 2022

Other information

Full clean driving licence.

HCPC registered. BABICM Member.

In spare time enjoys running, gym classes, walking, cooking and travelling, also spending time with family and friends.