

## Curriculum Vitae

Name: Sebastien Amann

Total Case Management Limited Occupation: Clinical Case Manager / Occupational Therapist

Address: Office C4, Frodsham Business Centre, Bridge Lane, Frodsham, Cheshire, WA6 7FZ

Telephone: 01928 732 999 Email : sebastien@totalcm.org.uk Mobile No: 07485372959

After graduating from Worcester University as an occupational therapist, I spent the first almost 5 years of my career working within a variety of settings in the NHS. I was able to accrue experience working with a range of patient groups with complex needs.

Recently, I was able to complete further work within a neurology setting, working with patients who had suffered strokes or brain injuries and assisting with their rehabilitation. This was not only from an occupational therapy perspective but along with other members of the multi-disciplinary team.

My other strengths as a case manager involve a high level of communication with clients, families and other healthcare professionals, assessment and identification of clinical need, as well as taking a holistic and person-centered approach to all client care.

## Employment

### **Clinical Case Manager with Total Case Management. October 2022 – present.**

Description of role and responsibilities:

- Initial assessment and ongoing monitoring of input to maximise, promote and maintain independence, along with producing case management plans.
- Completion of immediate needs assessments and reports.
- Producing rehabilitation plans and discussing goals to be set with the clients.
- Completion of risk assessments and risk management plans and support plans.
- Induction, ongoing supervision and management of Support Workers.
- Sourcing of Support Workers by either employment or agency.
- Sourcing and assistance with adaptation of properties and liaising with architects to consider the property in a holistic way.
- Education of families and support workers employed, or sourced from agencies.
- Sourcing and liaising with agencies related to educational, vocational, social and leisure activities.
- Preparation for and chairing of team meetings.
- Documenting minutes, writing communication/contact sheets and Case Management reports.
- Referral to other appropriate professionals and working with them towards set goals.

### **Occupational Therapist. January 2018 – October 2022.**

Descriptions of roles and responsibilities and clinical knowledge:

- Experience within a variety of clinical settings, such as: Community Neurological, Acute Cardiology and Respiratory, Acute Orthopaedics (Planned and unplanned), Complex Rehabilitation, Acute General Surgery and Critical Care.
- Working with patients of a variety of conditions, including but not limited to: A variety of strokes, traumatic brain injuries, joint replacements, orthopaedic surgery of upper and lower limb, cardiac surgery and infection, bowel/urological/renal surgery and rehabilitation, rehabilitation on critical care.
- Baseline assessment of patients, identification of limitations and goal setting with the view of patients being discharged safely.
- Discharge planning to a variety of locations.
- Working with other members of the multi-disciplinary team, inclusive of doctors, nurses, physiotherapists, speech & language therapists.
- Liaising with families and carers to gain further information about the patient, as well as to plan for further equipment and treatment.
- Accurate and timely record keeping.
- Assessment and recommendation of appropriate equipment.

- Attending and chairing multi-disciplinary meetings.
- Assessments within the hospital and home setting.
- Supervision of junior staff members, as well as maintaining my own supervision and appraisal.
- Ensuring maintaining mandatory training.
- Mentoring student therapists.

Since becoming a Clinical Case Manager, I have also been registered as a member of BABICM, and completed their training workshop for New and Would Be Brain Injury Case Managers (October 2022).

I am in possession of a full clean driving license.

Outside of work, I am a massive sports fan, especially of Liverpool. I love cooking and eating and like to get away as much as possible to explore abroad.