Curriculum Vitae



Name: Sebastien Amann

Total Case Management Limited

Occupation: Clinical Case Manager / Occupational Therapist

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After graduating from Worcester University as an Occupational Therapist, I spent the first almost 5 years of my career working within a variety of settings in the NHS. I was able to accrue experience working with a range of patient groups with complex needs.

More recently, I was able to complete further work within a neurology setting, working with patients who had suffered strokes or brain injuries and directing with their rehabilitation. This was not only from an Occupational Therapy perspective, but I worked alongside members of the multi-disciplinary team, both medical staff and other allied healthcare professionals. Following this I sought the opportunity to move into the Case Management field within the private healthcare sector, and was presented with the opportunity to join Total Case Management.

My main strengths as a Case Manager are that I am able to plan and implement rehabilitation for complex clients; liaise with clients, their family members and other healthcare professionals at a high level of communication; assessment and identification of clinical need and patient goals; as well as taking a holistic and person-centered approach to all client care.

Employment Record

Clinical Case Manager with Total Case Management. October 2022 – present.

Description of role and responsibilities:

- Initial assessment and ongoing monitoring of input to maximise, promote and maintain independence, along with producing case management plans.
- Completion of Immediate Needs Assessments and regular reports.
- Producing rehabilitation plans and discussing goals to be set with the clients.
- Completion of Risk Assessments, Risk Management Plans and Support Plans.
- Induction, ongoing supervision and management of Support Workers.
- Sourcing of Support Workers by either Direct Employment or agency.
- Sourcing properties for clients, as well as assistance with adaptation of said properties and liaising with tradesmen to consider the property in a holistic way.
- Education of families and support workers employed or sourced from agencies.
- Sourcing and liaising with various agencies and independent companies related to educational, vocational, social and leisure activities.
- Preparation for and chairing of Team Meetings.
- Documenting minutes, writing communication/contact sheets and Case Management reports.
- Referral to other appropriate professionals and working with them towards set goals.

Occupational Therapist. January 2018 – October 2022.

Descriptions of roles and responsibilities and clinical knowledge:

- Experience within a variety of clinical settings, such as: Community Neurological, Acute Cardiology and Respiratory, Acute Orthopaedics (Planned and Unplanned), Complex Rehabilitation, Acute General Surgery and Critical Care.
- Working with patients of a variety of condition, including but not limited to: A variety of strokes, traumatic

brain injuries, joint replacements, orthopaedic surgery of upper and lower limb, cardiac surgery and infection, bowel/urological/renal surgery and rehabilitation, amputations, rehabilitation on critical care.

- Baseline assessment of patients, identification of limitations and goal setting with the view of patients being discharged safely.
- Discharge planning to a variety of locations, including but not limited to rehabilitation units, care or respite homes and their own homes.
- Working with other members of the multi-disciplinary team, including but not limited to doctors, nurses, physiotherapists, speech & language therapists.
- Liaising with families and carers to gain further information about the patient, as well as to plan for further provision of equipment and treatment.
- Accurate and timely record-keeping.
- Assessment and recommendation of appropriate equipment.
- Attending and chairing multi-disciplinary meetings.
- Assessments within the hospital and home setting.
- Supervision of junior staff members, as well as maintaining my own supervision and appraisal.
- Ensuring maintaining mandatory training and continued professional development.
- Mentoring student therapists.

Since becoming a Clinical Case Manager, I have also joined as a member of the British Association of Brain Injury and Complex Case Management (BABICM) and completed their training workshop for 'New and Would Be Brain Injury Case Managers' (October 2022). I am a registered Occupational Therapist with the Royal College of Occupational Therapists (RCOT) and the Health & Care Professions Council (HCPC). As of October 2026, I have become a registered member of the Institute of Registered Case Manager (IRCM).

I have attended further training to further my professional development, included but not limited to visiting the BABICM Annual Conference in 2025, 'The Litigation Jigsaw' (BABICM, January 2025) and 'Human-Centred AI: Innovation, Safeguarding & Risk in Neurorehabilitation' (September 2026).

I am in possession of a full clean driving license.

Outside of work, I am a massive sports fan, especially of Liverpool. I love cooking and eating, and like to get away as much as possible to explore abroad – I returned from a year-long sabbatical in April 2026 following 12 months of travelling with my partner.